



June 2022 NEWSLETTER

WE ALL RIDE THE SAME ROAD

LET'S ROLL IN 2022

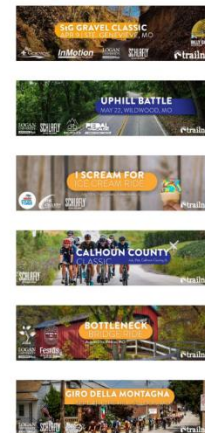
Cycle St. Louis partners are excited to begin ramping up opportunities and activities for individuals with disabilities. While the safety of our participants, their families and supporters is of primary concern, each individual and family should assess their personal risk of participating. Be safe and take applicable precautions based on your situation.

Cycle STL Awarded Grant for Adapted Cycle Project

Cycle St. Louis is proud to have been awarded a **2022 Q Community Grant** from Quality Bike Products (QBP) to help remove barriers to cycling for people with disabilities in the St. Louis Region. The "Adapted Cycle Project" will involve placing donated adapted cycles in areas of greatest need, helping to mitigate the challenges of cycle cost, transportation and maintenance. This grant from QBP, in partnership with Big Shark Bicycle Company, will make it easier for people with disabilities to realize the benefits of cycling. A big thanks to **Big Shark Bicycle Company** for their continued support!



Trailnet Rides Inclusive for People With Disabilities



Trailnet has resumed in-person Classic Rides and is offering Cycle St. Louis participants (riders & assistants) FREE rides, upfront parking, and modified short routes with turnarounds. Cyclists with disabilities are invited to participate in any Trailnet ride with these being the most appropriate:

1. **I Scream For Ice Cream**, July 10 at the Cyclery in Edwardsville, IL (flat, separated bike trails)
2. **Calhoun County Classic**, July 31 at Pere Marquette State Park (Marina Parking) (some rolling hills, no big hills on short route)
3. **Bottleneck Bridge**, August, August 21 at Main Street, Festus, MO (very hilly but you can ride on Main Street car-free all day)

For the FREE Trailnet ride code please email **Cycle St. Louis**. For more information and to register, see this [link](#). Cycle St. Louis and Trailnet will work with you to make sure your needs are met. Come ride with us!

Gateway Cup Ride to Unite

On Saturday, September 3rd, cyclists of all abilities can ride five laps on the closed race course alongside the racers, friends, neighbors and advocates for the vision of creating an including cycling community where people with disabilities have cycling opportunities.

The Gateway Cup Ride to Unite is a free event where the fully accessible and safe course offers a unique and exciting experience. It is scheduled at 9:15 just at Francis Park before the start of the races.

Cycle St. Louis is seeking sponsors for Ride to Unite. If interested email us [here](#).



Upcoming Events

- June 30 – Camp Independence adapted cycle fittings by Creative Mobility at Webster Groves Rec Center in the gym area. To make a reservation, email Bike Rack/Creative Mobility at hal@thebikerack.com or call 630-587-8100.

- July 10 – **I Scream For Ice Cream** (Trailnet) at the Cyclery in Edwardsville, IL
- July 29 – Camp Independence adapted cycle fittings – same as June 30.
- July 31 – **Calhoun County Classic (Trailnet)**, at Pere Marquette State Park
- August 21 – **Bottleneck Bridge** (Trailnet) August, August 21 at Main Street, Festus, MO
- September 3 – **Gateway Cup Ride to Unite**
- September 11 – Tri My Best Adaptive Triathlon for school age children with motor disabilities. Go to www.stlouischildrens.org/trimybest for sign ups(athlete and volunteer).Contact Mary Eckhard for athlete application and more information at (314) 305-2353. Tiffany Dill is Volunteer Coordinator, she can be emailed at tcrossdill@gmail.com

Cycle St. Louis Partners

- Big Shark Bicycle Company
- Children’s Hospital St. Louis – Cerebral Palsy Sports & Sports and Rehabilitation Center
- Delta Gamma Center
- Gateway Tykes on Trykes
- Kids Enjoy Exercise Now (KEEN)
- Missouri Families for Effective Autism Treatment (MO-FEAT)
- St. Louis Arc
- St. Louis County Parks
- Ranken Jordan Pediatric Hospital
- Recreation Council of Greater St. Louis
- Special Olympics Missouri
- Team Activities for Special Kids (TASK)
- Trailnet

We all ride the same road.
Thanks for your patience as we slowly & safely resume activities.

[Cycle St. Louis Website](#)



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