

#### SPREAD THE WORD >

A huge thanks to Joel Monk of St. Louis County Parks, who has graciously agreed to underwrite and secure new Cycle St. Louis fliers, banners and other materials that will help us communicate across our community.

You can help support our mission

- Contact us at

cyclestlpartnership@gmail.com if you are interested in getting involved.

- Share our information with your community

- Follow us on Facebook for more updates

### LETS SEE YOU IN ACTION >

Even though we're not doing group rides, many individuals are cycling in their communities with family and friends. You can help keep the conversation going about the importance and enjoyment that cycling brings to EVERYONE by sending us photos with short descriptions for our social media or tagging us in your cycling photos @CYCLE STL or #CycleSTL

Providing information (photos and descriptions) grants full permission for the free use of such by Cycle St. Louis on social media and other communication channels.



#### COVID 19- UPDATE >



In accordance with the latest information on the spread of COVID-19, we are following the CDC's guidelines for gatherings of 50 people.

All our events with Trailnet have been cancelled at least through June. We hope to host some rides later in the 2020 season, including the Gateway Cup Ride to Unite scheduled for September 5th, but we will prioritize the safety and health of our riders and the community.

Please stay tuned for updates on the 2020 cycling season and Ride to Unite.

#### #BLACKLIVESMATTER >

This includes individuals with disabilities who are black.

We continue to support the health and well being of all individuals with disabilities through cycling.

## FUN FOR ALL >

Free Adapted Cycles Available at Katy Trail Bike Rental in Defiance, MO

Katy Trail Bike Rental located at 2998 S Highway 94 in Defiance, Missouri 63341 has the



following cycles available for FREE use on the nearby Katy Trail.

Call the shop at (636) 987-2673 to book a time slot.

- Wheelchair Trike (captain sits in the rear, passenger in a front chair type seat with a lot of support)
- Small and Large Hand Cycles
- Tandems

# Creating Cycling Opportunities for People With Disabilities

www.cyclestl.org - cyclestlpartnership@gmail.com - Facebook @Cycle STL